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# Training Course “Sport for Sustainable Development”

2 - 8 October 2017 in Puerto de la Cruz, Tenerife

Info-pack version 2



Erasmus+



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## Practical information

### Training Course “Sport for Sustainable Development” 2 - 8 October 2017 in Puerto de la Cruz, Tenerife

“Sport for Sustainable Development” is a two-stage international activity that aims to gather 30 young people from 9 countries (United Kingdom, Romania, Lithuania, Italy, Spain, Bulgaria, Poland, Slovakia and Croatia) in order to develop their skills on how to use sport as a tool for sustainable development. Youth workers will be involved and empowered to bring out the potential of the youngsters they work with and learn how to use sport and act as multipliers. The first activity of the project was a seminar that was held in Bansko (Bulgaria) in the period 18 - 25 April 2017, while the second activity will take place in Spain in September 2017.

This info-pack is only for the second project activity.

Objectives:

- To develop long-term partnership among partner organisations
- To explore the meaning, relevance and potential of sport as a tool for sustainable development of youth.
- To explore and compare how NGOs within Europe work/approach/develop soft skills through sport in young people in order to provide the sustainable development of their areas/countries
- To develop new Education through Sport tools, to be added to Champions Factory Tools Book
- To teach the participants how to develop soft skills in youth through sport in order to ensure sustainability of the population.

PARTNER ORGANISATIONS AND NUMBER OF PARTICIPANTS			
Country	Organization	Total Number of Participants	Travel Costs per participant
United Kingdom	Champions Factory LTD	4	360 Euro
Romania	Surf The Earth Project - STEP	3	530 Euro
Lithuania	Druskininku jaunimo uzimtumo centras	3	530 Euro
Italy	Mine Vaganti NGO	3	360 Euro
Spain	Asociación Para La Participación, Oportunidad Y Desarrollo	3	0 Euro
Slovakia	Obciansky spolok	3	530 Euro
Bulgaria	Champions Factory Sports Club	5	530 Euro
Croatia	Hrvatska skola Outward Bound (HSOB)	3	530 Euro
Poland	Youth of Europe	3	530 Euro

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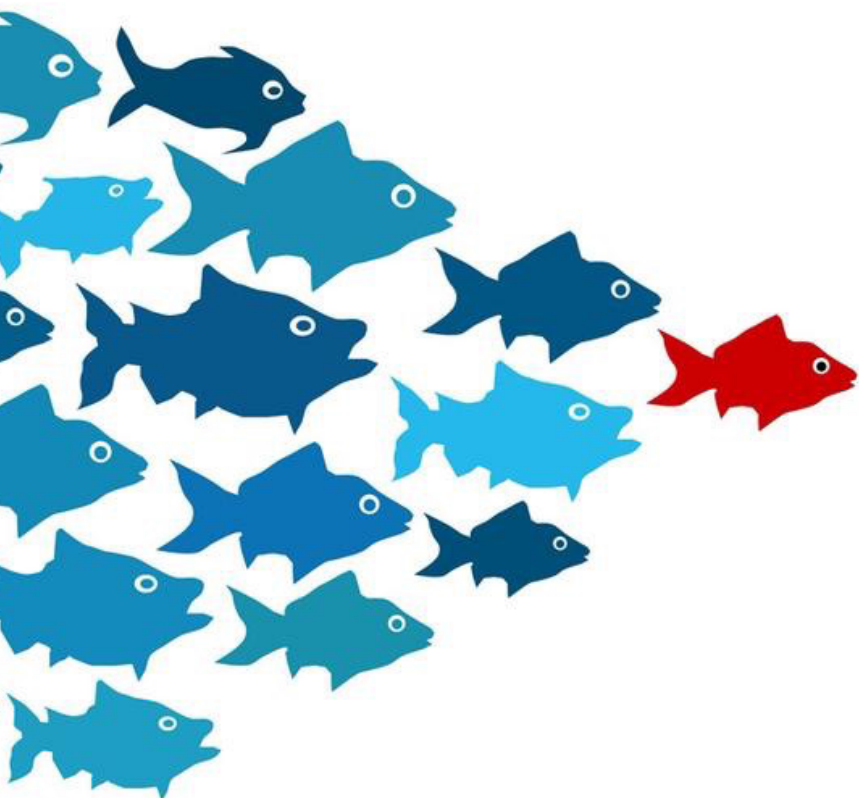
### Participants profile

1. Gender balance. Equal number of male and female participants will be invited.
2. All participants must be over 18 and be able to use English as a work language;
3. Be motivated to develop their competences in the field of youth work;
4. Be experienced in the youth work and have knowledge on Sport as educational tool;
5. Priority to be given to participants with geographical and economic difficulties;
6. Be committed to attend for the full duration of the project;
7. Have clear idea and commitment how will disseminate the project results back in their organisation and country.

N.B. Within 14 days after the end of the project each partner organisation and participant must implement a dissemination activity in their country and send a written report with pictures to [championsfactoryuk@gmail.com](mailto:championsfactoryuk@gmail.com). Report sheet will be provided to every participant and partner.

**All participants should fill in an APPLICATION FORM at the latest 10 July 2017.**

Travel arrangements must be finalised at latest 1<sup>st</sup> August, but **do not buy** any before getting confirmation by Champions Factory Team. Tickets that have been booked without our e-mail confirmation will **not** be reimbursed.



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#### Travel:

❖ According to the rules within the Programme “Erasmus+” we will reimburse the travel costs on the basis of the cheapest possibilities, e.g. second class railway tickets, APEX-flights etc., accompanied by the receipt of complete and original tickets, invoices, bills, receipts, boarding cards etc. upon a certain “contribution to the travel costs of participants, from their place of origin to the venue of the activity and return”. This contribution is “based on the travel distance per participant.

❖ Above you can find the maximum contribution to travel costs for ONE participant per country from the city of registration of the organisation to the venue and back. Travel Costs will be reimbursed upon presented all original travel documents and invoices after completion of each activity. All participants will be reimbursed by bank transfer after the activity when they present all original tickets, complete MT+ Report, organise together with their sending organisation a follow up event and send us report.

#### Checklist for Travel Reimbursements

1. Regular air tickets must be accompanied
  - By the original invoice (signed and stamped)/receipt/pay order/proof of payment
  - The boarding pass (the small ticket stub you receive before boarding the plane)
  - The prices stated in the invoices, receipts etc. must coincide with the price on the ticket.
2. E-Tickets
  - must be printed out and include your name, the exact fare you paid, details of your flight on the same page
  - be provided along with the credit card receipt for the payment or a copy of your bank statement (clearly showing the payment has been made) given in with the boarding pass (the small ticket stub you receive before boarding the plane)
3. Train/Bus tickets
  - It is important that that arrival and departure time, as well as the price are visible (+invoices if available).

#### N.B.

- Arrival dates should be maximum one day prior the start of the event, on participants own cost.
- Departure dates should be maximum +1 day, on participants own cost.
- For flight tickets search is recommended to use [www.skyscanner.org](http://www.skyscanner.org)
- You must send all original travel documents and invoices with registered post at latest 20th October 2017 to the following address:

Hristina Amin  
ulitsa Mur 27  
Manastirski Livadi  
Post Code: 1680  
Sofia, BULGARIA

Tickets that have been booked without our e-mail confirmation will **not** be reimbursed.



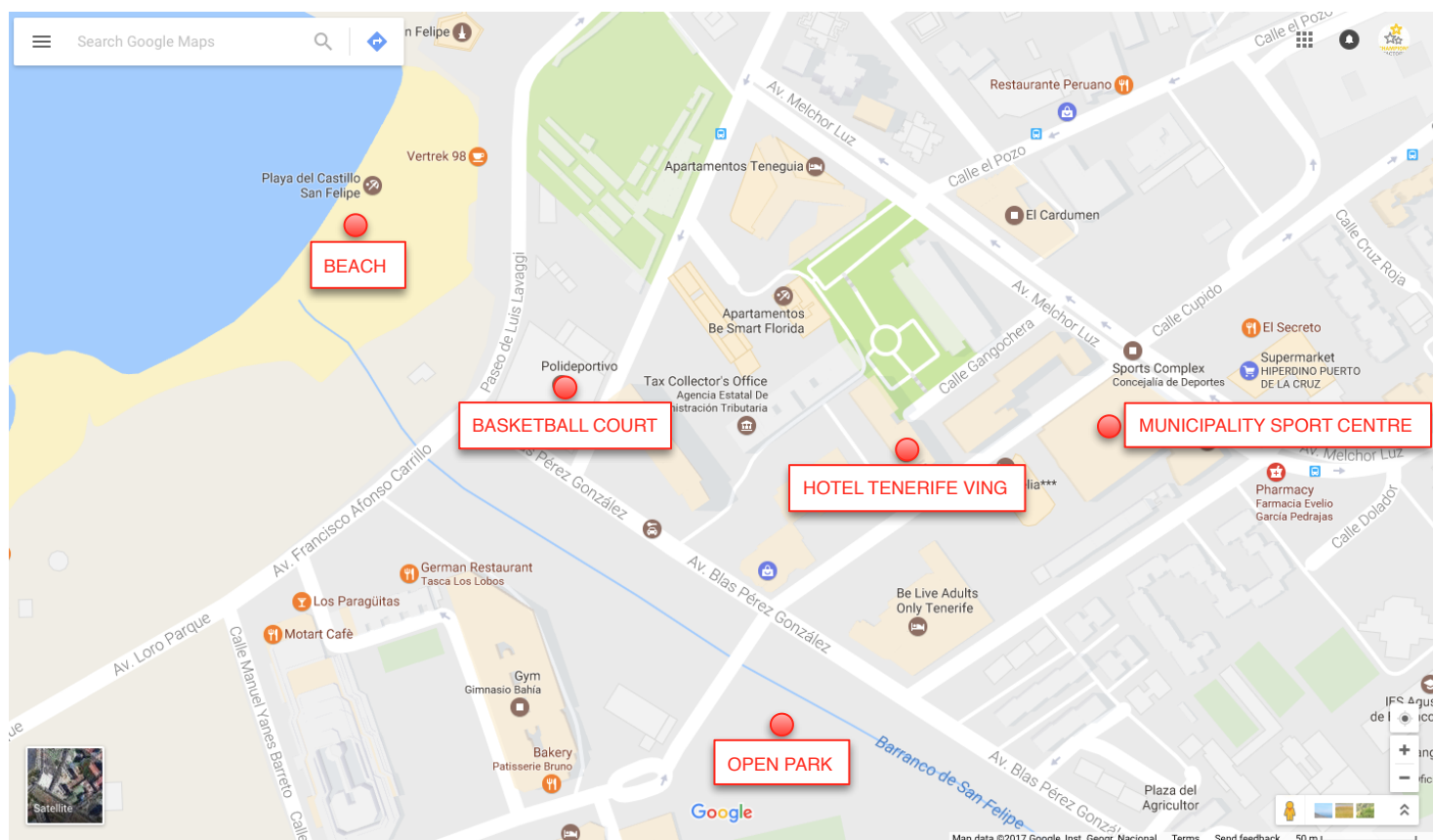
## B. Accommodation

The venue of the event is [Hotel Ving](#)

Address: AVENIDA HERMANOS FERNANDEZ PERDIGON, 8, 38400 Puerto De La Cruz, Tenerife (Spain)

- ❖ You will be hosted in same gender double/triple apartments.
- ❖ Breakfast, lunch and dinner will be served on a buffet table.
- ❖ There will be WiFi in the conference room.
- ❖ Paid WiFi (WiFi is available in public areas and costs 1day/3 €, 3days/6€ and 7days/9 €)
- ❖ Check-in hour: 2pm; Check-out hour: 12 am.
- ❖ **Meals start with dinner on 2nd October and will finish with lunch on 8th October.**

**The Tenerife Ving** is set just 200 m from the beach in Puerto de la Cruz and features an outdoor swimming pool. It features apartments with balconies and small kitchenettes. The Ving offers simple, bright décor. Its



rooms are spacious and each has a seating area. Kitchenettes have tea and coffee makers and a fridge. Cleaning will be done daily (except for Fridays), towels changed daily and bed sheets every 7 days.

## ❖ How to get there?

Tenerife has 2 International airports, one in the south of the island - Tenerife South (Reina Sofia) Airport, and one in the north part - Tenerife North Airport, formerly Los Rodeos Airport. Due to the proximity we recommend for you to book your flights to land on the **Tenerife North Airport**. There are direct bus connections from both Tenerife North Airport and South Airport to Puerto de la Cruz. There is a good bus service called Titsa. The local name for a bus is **guagua** (pronounced "gwah-gwah"). Use public transportation in your transportation on the island. The tickets can be purchased in the bus, from the bus driver, or from the bus station where you will buy a "bono". It is cheaper to use a bono than to purchase the ticket directly from the bus driver.

### Bus routes:

**Line 102 – Tenerife North Airport – Puerto de la Cruz** with Price: 4.75 euros

<http://www.titsa.com/index.php?accion=linea&IdLinea=102>

**Line 343 - Tenerife South Airport – Puerto de la Cruz** with Price: 13.55 euros

<http://www.titsa.com/index.php?accion=linea&IdLinea=343>

Due to the limited number of buses from the **South Airport to Puerto de la Cruz**, there is also the possibility of a **connection** if you can't make it for the express bus, to go from the South Airport to Santa Cruz de Tenerife and from Santa Cruz de Tenerife to Puerto de la Cruz.

**Line 111- Tenerife South Airport - Santa Cruz de Tenerife** with Price: 7.35 euros

<http://www.titsa.com/index.php?accion=linea&IdLinea=111>

**Lines [101](#) (stops in every small city), [102](#) (stops in all the big cities and the North Airport), [103](#) (is the express bus without any stops until Puerto de la Cruz)**

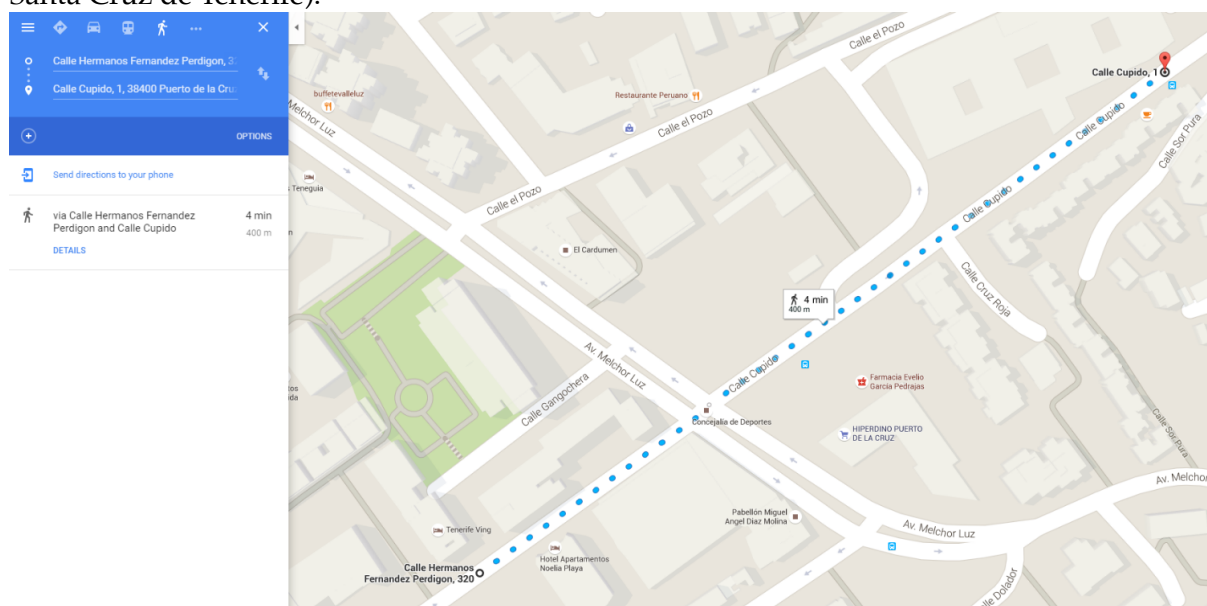
**Santa Cruz de Tenerife – Puerto de la Cruz** with Price: 5.25 euros

<http://www.titsa.com/index.php?accion=linea&IdLinea=101>

<http://www.titsa.com/index.php?accion=linea&IdLinea=102>

<http://www.titsa.com/index.php?accion=linea&IdLinea=103>

**Once you are in Puerto de la Cruz you will walk to Apartamentos Tenerife Ving - Avda Hermanos Fernández Perdigón 8, 38400 Puerto de la Cruz, Santa Cruz de Tenerife, España, which is prox. 400 metres from Puerto de la Cruz' bus station (Calle Cupido, 1, 38400 Puerto de la Cruz, Santa Cruz de Tenerife).**



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### C. Must know

❖ Every participant must have insurance for the full duration of the training course. We will ask all participants to send us their original insurance together with original travel documents! You can issue yourself [European Health Insurance Card](#) (EHIC) from your country (generally it is for free, but we advise you to check in your own country).

❖ Participation fee: 40 euro per participant – will be collected at the first day of the event at registration point. It is non-refundable and can not be deducted from travel costs.

❖ Currency in Spain – Euro

❖ Every participant must attend the full duration of the activity. If a participant refuses to or behaves in an inappropriate manner, Champions Factory will request him/her to pay the full organisational costs: 61 euro/per day and will not reimburse travel costs.

### F. Bring with yourself

❖ Comfortable clothes - we will have many outdoor activities; swimsuit, summer scarfs, beach towel, rain coat, etc.

❖ Information materials of your organisation - flyers, posters, business cards, etc.

❖ Typical food/drinks/dance costumes/presentation/story/interesting facts that you could present your country with during the Intercultural evening!

❖ The good mood! :)

### G. Contacts&Communication

Project Leader: Shirin Amin

e-mail: [championsfactoryuk@gmail.com](mailto:championsfactoryuk@gmail.com)

phone: +359899080808

Join the Facebook group [SPORT FOR SUSTAINABLE DEVELOPMENT](#)

Official hashtag of the project [#SportForSustainableDevelopment](#) [#ChampionsFactory](#) [#Erasmus+](#)

At the end of Activity 2 in Spain we will track the most liked picture on Facebook from all the project and the winner will receive a special Sport for Sustainable Development Gift!

**Rule!** To be eligible for participation, your photo should include the full hashtag [#SportForSustainableDevelopment](#) [#ChampionsFactory](#) [#Erasmus+](#)

