



PUERTO DE LA CRUZ, SPAIN

31ST OF AUGUST – 7TH OF SEPTEMBER 2017

Host organization:

ASOCIACIÓN PARA LA PARTICIPACIÓN, OPORTUNIDAD Y DESARROLLO

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About the Training Course

Communication Skills Improved is a training course financed through the Erasmus+ Program – Key Action 1

Countries involved: Spain, Italy, Estonia, Croatia, and Greece

The program of the Training Course will start on the 31/08/2017 at 19:00 with diner and departure will be on the 07/09/2017, after breakfast with lunch to go. All costs will be covered by the Erasmus+ Program, except a 50 euros participation fee.

Location: Puerto de la Cruz, Tenerife, Spain

Project's group: 16 participants



“Communication skills improved” is a **project addressed to NGOs that work with groups of disadvantaged youth, refugees, youngsters with low level of education and marginalized groups.** The project aims to challenge and **develop needed soft skills to decision takers, project coordinators, youth workers, EVS coordinators volunteers.** This project, having as **main activity a 6 day full training course,** that comes as a response to a reality that Europe and the world is facing in the last 2 years more than ever – lack of soft skills that show compassion, respect and love for another human being and lack of action in the fight and respect of human rights. Thus, the project aims to enrich the personal development opportunities, interpersonal and personal skills and civic competencies for active participation in the society, enhancing them to at least 16 participants from 5 different EU countries within a 6 days training course, to create the context of experimenting methods of communication, self awareness and civic participation also, empowering them to apply and disseminate the methods on/to the groups they are working with in their association. Furthermore through the TC we aim for the participants to develop assertiveness – developing a pro-active behavior in working with disadvantaged groups in empowering them to find the suitable communication style according to the target group they are working with and nonetheless to establish new synergies between the partner promoters of this project and at least 5 other organizations, within at least 3 months after the training course.



The TC will be focused on Verbal Communication, Nonverbal Communication, Active Listening, Paraverbal Communication, Sensorial communication, Extra-sensorial communication, Kinesthetic communication. Besides this, in parallel, the TC will propose also methods of participation and social inclusion.

“Communication skills improved” is a training course with **16 participants from 5 countries (Estonia, Greece, Italy, Croatia and Spain)** who will develop and improve their interpersonal communication skills, emotional intelligence, the sense of action through civic

participation for human rights and who will be more aware of the communication processes they are part of in different context adapting to each need identified accordingly.

This project proposes a non formal training, using non formal education methods as main tools to enhance the better participation in their personal and professional lives of young people around Europe as well as participation in building their communities. They will be guided through a learning process, developing necessary skills and attitudes for an efficient communication process and also **after they return home they will have a direct multiplying effect by directly experiencing the newly acquired skills through organizing at least one workshop/event with at least 10 people (each partner country) in which they can firstly put into practice their new acquires and also have a direct impact on other young people from the local community.**



The methods that will be used will reinforce the learning outcomes of the participants: Improvisation, Forum Theatre, Labyrinth Theatre, View Points, Movement exercises, Games, Icebreakers, Team-building games, Exercises, Discussions, Work in groups, Demonstration, Role play and other methods aiming achieving the learning outcomes of the participants.



Participants' Selection

Profile of Spanish group:

- **have experience** in working with disadvantaged groups as trainers, youth workers, social workers, and workers in the field of youth, youth leaders and project managers, tutors, mentors and volunteer coordinators and/or coordinating EVS programs
- **need to develop** interpersonal **skills**, communication skills, a sense of self awareness and assertiveness in order to improve the way they perceive and interact with the beneficiaries they target in their activities in the origin communities
- have intercultural background
- open-minded
- open to new challenges
- able and willing to actively participated in all the planned activities
- **medium – high level of English**
- **4 participants**
- gender balanced group

***This is a learning experience with mandatory attendance at all the activities and staying in the hotel with the rest of the group for the entire duration of the training course.** If a participant refuses to comply with these rules or behaves in an inappropriate manner, P.O.D. Association will request him/her to pay the full organisational costs: 61 euro/per day and will not receive the certificate of participation - YouthPass.

Selection process:

- Please **fill the online application form** before: **1st of August 2017**

<https://docs.google.com/forms/d/1aPIkGLtT5XQ2Rche2QoOemu-s1-6mYI37NYNQQ55T0k>

- **validation of application** by the organizers and trainers: **4th of August 2017**

The Organizational Team

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